



## **Himlung peak climbing I Himlung Expedition - Itinerary**

### **1. Day 1**

Arrival in Kathmandu airport and our airport official person will transfer to hotel (1350m/ 4435ft)

### **2. Day 2**

Preparation day handing around check equipment and meeting with the team members and guide shopping overnight stay in Kathmandu.

### **3. Day 3**

Drive from Kathmandu to Besishar/ Bhulbule (840m) 6/ 7 hrs drive and overnight in lodge

### **4. Day 4**

Trek form Bhulbue to Jagat (1300m) 5/ 6 hrs Overnight at Lodge

### **5. Day 5**

Trek Jagat to Dharapani (1860 m) 5/6 hrs – Lodge

### **6. Day 6**

Walk from Dhaprapani to Koto (2670m) 5/6 hrs / Koto Lodge

### **7. Day 7**

Trek from Koto to Dharmasla (1860m) 5/ 6 hrs Camping

### **8. Day 8**

Trek form Dharapani to Phu Khola /Camping

### **9. Day 9**

Trek form Phu Khola to PhuGaun/ Camping

### **10. Day 10**

Trek aroud in Phu gaun PhuGaun acclimatization day

## **11. Day 11**

Trek from Phu to Himlung Base Camp

## **12. Day 12-Day24**

Day 12 to Day 24 - Extra acclimatization and Climbing period

## **13. Day 25**

Trek Base camp to Phu Gaun/ Camping

## **14. Day 26**

Trek to Koto / Camping 6/7 hrs

## **15. Day 27**

Koto to Syange (1100m)/ Lodge 5/ 6 hrs jeep drive

## **16. Day 28**

Syange to Beshishar 4/ 5 hrs drive

## **17. Day 29**

Beshishar to Kathmandu- 6/7 hrs drive

## **18. Day 30**

Departure day

URL: <https://sunriseadventuretrek.com>