



Everest base camp trek / Short EBC trek price - Itinerary

1. Day 1

Kathmandu – Lukla Flight (35 min) & Lukla / 2850m – Phakding Trek (866ft., 2640m.): 3 - 4 hours– B.L.D

2. Day 2

Phakding – Namche Bazaar trek (3440m., 11319ft.): 5 – 6 hours– B.L.D

3. Day 3

Trek to Tengboche(3860m., 12694ft.): 6 – 7 hours– B.L.D

4. Day 4

Trek to Thukla (4620m): 6-7 hours– B.L.D

5. Day 5

Trek to Everest Base Camp then Back to Gorakshep– B.L.D

6. Day 6

Hike to Kalapatthar (5550m., 16962ft.): 2hr 30min then trek down to Periche (4200m.): 7 hours– B.L.D

7. Day 7

Trek back to Namche Bazaar (3441m.): 6 hours– B.L.D

8. Day 8

Trek to Lukla: 7 hours– B.L.D

9. Day 9

Fly back to Kathmandu– B.D

INCLUSIONS

All airport pick up and departure

All transportation two-way flight ticket -fly Kathmandu to Lukla & Fly out from Lukla to Kathmandu and

drive in jeep, van, bus during trips
Nice trekking lodge during trekking
Whole accommodations during trips
We will provide a sleeping bag & down-jacket during the trek if you need
3 meals during trekking as mention in the itinerary (Breakfast, Lunch, and Dinner)
First aid medicine item, Oximeter
Some seasonal fruits
Our T-shirt & Trip achievement certificate
Trekking permit & TIMS card (Trekking Information Management System)
Guide and porter their salary, accommodation, meals and insurance (for 2 guest 1 Sherpa porter)
One special farewell dinner program
Our government tax official expenses

EXCLUSIONS

Extra meals in the Kathmandu & your personal expenses, drinks and dessert items, during trekking, hot shower bills etc
Your international air ticket & travel insurance
Tips for the guide and porters

[URL: https://sunriseadventuretrek.com](https://sunriseadventuretrek.com)