

# Everest base camp trek / Short EBC trek price - Itinerary

## 1. Day 1

Kathmandu – Lukla Flight (35 min) & Lukla / 2850m – Phakding Trek (866ft., 2640m.): 3 - 4 hours– B.L.D

## 2. Day 2

Phakding – Namche Bazaar trek (3440m., 11319ft.): 5 – 6 hours– B.L.D

## 3. Day 3

Trek to Tengboche(3860m., 12694ft.): 6 – 7 hours– B.L.D

## 4. Day 4

Trek to Thukla (4620m): 6-7 hours– B.L.D

## 5. Day 5

Trek to Everest Base Camp then Back to Gorakshep– B.L.D

## 6. Day 6

Hike to Kalapatthar (5550m., 16962ft.): 2hr 30min then trek down to Periche (4200m.): 7 hours– B.L.D

## 7. Day 7

Trek back to Namche Bazaar (3441m.): 6 hours– B.L.D

## 8. Day 8

Trek to Lukla: 7 hours– B.L.D

## 9. Day 9

Fly back to Kathmandu– B.D

[URL: https://sunriseadventuretrek.com](https://sunriseadventuretrek.com)