



Paldor Peak Climbing - Itinerary

1. Arrival in Kathmandu (1350m)

Welcome to Kathmandu! Our airport representative picks you up from airport and transfers you to hotel. There we arrange a small meeting for your warm welcome. Then you can take rest while we make all the documents ready for your trip.

2. Sightseeing in Kathmandu Valley & trip preparation

After breakfast, you get to do Kathmandu sightseeing where you visit most important monuments and heritages of Kathmandu Valley. In the meantime, we make necessary equipment for successful summit. Our climbing expert checks all the gears and once he approves, we are ready to hit the adventure

3. Drive to Syabru Besi (1400m) – about 7 hrs

After breakfast, we drive out along the north-western mountains of Kathmandu. Enjoy the Himalayan views and marvel at the unique lifestyle through the terraced fields and rural towns. Lunch on the way before proceeding further to Dhunche to Syabrubesi. Meals included: Breakfast, lunch and dinner with tea or coffee and finally an overnight stay in trekking lodge or tented camp.

4. Trek to Gatlang (2,200m) – 6 hrs

Today's trail uncovers Tamang culture and you won't forget cultural show at Goljung & Gatlang village. Gatlang is located on a hillside among terraced fields and is a Tamang settlement. You can visit Tamang monastery and beautiful Parvati Kunga Lake at Gatlang. Meals included: Breakfast, lunch and dinner with tea or coffee and finally an overnight stay in trekking lodge or tented camp.

5. Trek to Yak Kharka (3390m) – 5 hrs

Ascending all the way to Yuri Kharka you pass through forest of fir, juniper, rhododendron and local vegetation. During the monsoon, local people bring their domestic animals to graze in Yuri Kharka because of pasture land. Meals included: Breakfast, lunch and dinner with tea or coffee and finally an overnight stay in trekking lodge or tented camp.

6. Trek to Somdang (3,270m) via Khurpu Danda Pass (3620m) – 5 hrs

Moving uphill till we reach Khurpu Danda pass at 3620m and then descending downhill, we reach Somdang. Khurpu Danda Pass is a great viewpoint to enjoy spectacular views of Paldor, Langtang, Ganesh Himal, Pangsang La and many others. Somdang is very popular to observe zinc. Meals included: Breakfast, lunch and dinner with tea or coffee and finally an overnight stay in trekking lodge or tented camp.

7. Trek to Jasta Khani (3700m.) – 5 hrs

Today, we take uphill trail through forest till we reach paihutang Kharka and then the trail goes steeply uphill until we reach Jasta Khani. The trail also have rocky path covered by juniper which you will cross before reaching Jasta Khani – place for zinc mine. Meals included: Breakfast, lunch and dinner with tea or coffee and finally an overnight stay in trekking lodge or tented camp.

8. Trek to Paldor Base Camp (4,280m) – 5 hrs

Today, we ascend downhill along the rocky glacier trail and enjoy the views of Paldor and rock hills around us. Meals included: Breakfast, lunch and dinner with tea or coffee and finally an overnight stay in trekking lodge or tented camp.

9. Rest Day at Base Camp

We take rest at Base Camp by learning the basics of peak climbing. Our experienced climbing guides teach you about the different climbing gears and measures to take in case of any emergencies. Later in the evening you can take rest or roam around the camp. Meals included: Breakfast, lunch and dinner with tea or coffee and finally an overnight stay in trekking lodge or tented camp.

10. Climb to High Camp – 5 hrs

We cross rocky glacier in our trip today. The views of Paldor East and Paldor West from here completely mesmerize you and even the rocky hills and green hills surrounding us are great to explore. Meals included: Breakfast, lunch and dinner with tea or coffee and finally an overnight stay in trekking lodge or tented camp.

11. Rest Day at High Camp

Acclimatization helps to adapt our body in new environment – especially in high altitude. For successful summit, we acclimatize in this altitude and make ourselves ready for ascent. You will receive further training and information of peak climbing here. Meals included: Breakfast, lunch and dinner with tea or coffee and finally an overnight stay in trekking lodge or tented camp.

12. Trek to Summit of Paldor Peak (5,896m) and come back to High Camp – 9 hrs

We finally summit Paldor Peak today and our most anticipated part of the trip comes. We start early to climb the peak and once you are in the top of the peak. You will see speechless views of mountains like Ganesh Himal, Shishapangma, Langtang lirung, ganesh I, II, III, Manaslu and views of different Tibetan mountains. Meals included: Breakfast, lunch and dinner with tea or coffee and finally an overnight stay in trekking lodge or tented camp.

13. Trek to Paldor peak Base Camp (3,270m) – 7 hrs

We again descend to Paldor Peak Base Camp from the same route. You get to see amazing rocky hills and our trail is rocky glacier. Meals included: Breakfast, lunch and dinner with tea or coffee and finally an overnight stay in trekking lodge or tented camp.

14. Trek to Jasta Khani – 6 hrs

From Paldor Peak Base Camp we trek to Jasta Khani. Jasta Khani is popular for zinc mine. Our return journey catches the same route. The trek is amazing where we cross juniper forest and trek steep downhill before reaching Jasta Khani. Meals included: Breakfast, lunch and dinner with tea or coffee and finally an overnight stay in trekking lodge or tented camp.

15. Trek to Gatlang – 5 hrs

We leave Jasta Khani for Gatlang where we can engage ourselves with amazing Tamang cultural show. This is one of the Highlight of Pandor Peak climbing. You can visit the famous Parvati Kungna Lake in the evening. Meals included: Breakfast, lunch and dinner with tea or coffee and finally an overnight stay in trekking lodge or tented camp.

16. Trek to Syabru Besi – 5-6 hrs

This is our last day of trekking. We trek to Syabru Besi through rough route and sometimes in monsoon the landslide blocks the road. After arriving at Syabrubesi we can see our vehicle waiting for us. Meals included: Breakfast, lunch and dinner with tea or coffee and finally an overnight stay in trekking lodge or tented camp.

17. Drive to Kathmandu

Through the endless terraces of lowland and 7 hours of amazing drive, we finally get to the hustling and buzzing city of Kathmandu. In the evening you can take rest or do last minute shopping for your family, friends or relatives for souvenirs and gifts. Meals included: Breakfast, and finally an overnight stay in hotel. Attend the evening dinner and cultural program provided by the company.

18. Departure/Farewell

Our airport representative drops you off to the international airport approximately 3 hours before the scheduled time of your flight. You can re call all those amazing sceneries and victorious feelings of successfully summiting Paldor peak on your way to home. Have a safe journey home.

INCLUSIONS

- Arrival & Departure transfers on both domestic and international flights.
- Accommodation at 3 star hotels in Kathmandu
- Full board meals on tented camping & Lodge expedition
- Accommodation on tented camp
- Half day guided city tour as listed in itinerary
- Peak Climbing Permit Royalty and other government tax
- Group Climbing gear including climbing rope, ice axe, roomer, harness, figure of eight, carabineer etc.
- All camping equipment - 2-person member tent, dinning tent, kitchen tent, staff & porter tent, toilet tent
- with commode, dining table with backrest chair etc.
- Free use of quality trekking gear - sleeping bag, fleece inner liner, insulated mat, down jacket, duffel bag etc during the trip
- Well-experienced Climbing guide with all his allowance and expenses
- Porters to carry all personal gear and group equipment
- Insurance of all staff including porters
- Adventure Treks T-shirts / other seasonal gifts as perks
- 10 % VAT and 13% TSC Taxes.
- High altitudes chamber bags (PAC) for very high altitudes

EXCLUSIONS

- Nepal entry Visa fees, your travel insurance of any kind (emergency evacuation insurance is recommended as this is an adventurous trip and evacuation by Helicopter may be necessary)
- International Airfare
- Lunch and Dinner except mentioned itinerary
- All Drinks and main meals in cities.
- Tips items for trekking crew members personal expenses like hot shower, battery charge, Telephone, laundry, beverage drinks etc.

URL: <https://sunriseadventuretrek.com>