

# **Ama Dablam Peak Climbing - Itinerary**

## **1. Arrival in Kathmandu and hotel transfer**

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## **2. Official formalities and expedition preparation**

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## **3. Fly to Lukla and trek to Phakding**

Fly to Lukla and trek to Phakding

## **4. Trek to Namchebazar**

Trek to Namche bazaar and enjoy the amazing landscapes on the way

## **5. Rest day at Namche**

Rest at Namche hiking and acclimatization

## **6. Trek to Tengboche**

Trek to Tengboche monastery

## **7. Trek to Pangboche**

Trek to Pangboche

## **8. Climbing period**

Climbing period and training climb camp 1

## **9. Climbing period**

Climbing period Climb Camp 2, camp 3

## **10. Trek back to base camp**

Trek back to base camp

## **11. Trek to Lukla**

Trek to Lukla

## **12. Fly to Kathmandu**

Fly to Kathmandu

### **13. Free day in Kathmandu.**

Free day in Kathmandu.

### **14. Departure to airport**

Airport transfer for international flight.

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