

Ama Dablam Peak Climbing - Itinerary

1. Arrival in Kathmandu and hotel transfer

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2. Official formalities and expedition preparation

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3. Fly to Lukla and trek to Phakding

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4. Trek to Namchebazar

Trek to Namche bazaar and enjoy the amazing landscapes on the way

5. Rest day at Namche

Rest at Namche hiking and acclimatization

6. Trek to Tengboche

Trek to Tengboche monastery

7. Trek to Pangboche

Trek to Pangboche

8. Climbing period

Climbing period and training climb camp 1

9. Climbing period

Climbing period Climb Camp 2, camp 3

10. Trek back to base camp

Trek back to base camp

11. Trek to Lukla

Trek to Lukla

12. Fly to Kathmandu

Fly to Kathmandu

13. Free day in Kathmandu.

Free day in Kathmandu.

14. Departure to airport

Airport transfer for international flight.

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