



## **Chepong Hill Trekking - Itinerary**

### **1. Arrival & Transfer to Hotel-1,350m/4,428ft**

Welcome to Kathmandu, our Sunrise Adventure Trek airport representative will welcome you at airport and transfer you to your hotel. Then in evening we will give you shortly brief and further details of the trip program.

### **2. Kathmandu sightseeing, trek briefing and preparation**

Second day of the program is succeeded with sightseeing around Kathmandu along with the trek preparation at the end of the day. Sightseeing includes tour around Swayambhunath (monkey temple), Baudhdhanath (Buddhastupa), Pashupatinath/Biggest Hindu Temple & Patan Durbar Square. All of this ancient monuments created in different styles offers you breathtaking moments of your life through its amazing statues, paintings and historical crafts inside the buildings. Meals included: Breakfast and finally an overnight stay in hotel.

### **3. Drive Kathmandu –Hudi Khola and Trek to Hattibang(1700m)**

From Kathmandu we take a bus to reach Hiundi and it takes nearly 3 to 4 hours. After completing the bus journey we start our trek to Hattibang for around 5 hours with witness to the beautiful art of nature. You can see mountain peaks like Rolwaling, Gaurishankar, Langtang, Gorkha Himal, Peak 29, Himalchuli, Manaslu, the Annapurnas, Dhaulagiri and others throughout the trekking period. Besides this you can get an opportunity to explore the Hiundi Bazaar in rest of the time at evening, where the people from the unique cultures especially from Magar, Chepong and Giripuri living their life in different traditional ways make your trip worth visiting to Hattibang. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

### **4. Hike to serai chuli (1945m) and Trek to Chepong Gaun**

This is the moderate to strenuous trek and one of the best picturesque places as well. First we hike to Serai Chuli for another exciting experience then we trek to Chepong Gaun which includes the villages of Chepong's culture. Passing through those small settlements having the stunning mountainous scenery beside us is amazing along with views of Trishuli River flowing below the mountains. Our overnight stay is in here. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

### **5. Rest and explore Chepong Gaun**

Before having the breakfast we take some rest today and make further trekking. As we will be resting in a beautiful village named as Chepong Gaun (Chepong Village) we get a great chance to observe the local lifestyles of people along with beautiful green sceneries and traditions. We can dig further information of this village by exploring the whole place and another night is going to be in here. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

## **6. Trek Chepang Gaun – Upper Dang Gadi (1275m)**

Following the itinerary we will be heading toward Upper Dhangadi. Trek to Upper Dhangadi takes us through the paths of many ups and downs, also containing the amazing surroundings. Walking through the dense forests having more than 300 different species of bird additionally increase the excitement of trip. Along with this we get a chance to observe those several various species of birds. The animals get to see in this region is also considered as very rare species. We will be leaving beautiful hilly landscape for another overnight stay at Upper Dang Gadi. This all takes at about 6 to 7 hours for trekking. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

## **7. Trek Upper Dang Gadi - Chitwan (355m)**

Now is the time to leave Upper Dang Gadi and take our trip to Chitwan. Chitwan, also known as the famous touristic destination in Nepal. Chitwan is a National Park with many endangered species and is especially known for Jungle Safari over the Elephant along with other interesting adventures. Here we get a chance to experience those moments. Overnight Stay in Chitwan. Meals included: Breakfast, lunch and dinner and finally an overnight stay in hotel.

## **8. Drive Chitwan – Kathmandu**

From the area filled with nature and its creation we trek back to Kathmandu where you can enjoy your leisure day after arrival. Roaming around Thamel or shopping souvenirs in Kathmandu. Meals included: Breakfast, and dinner and finally an overnight stay in hotel.

## **9. Farewell and Departure**

Taking beautiful memory of our nation, we hope you had great stay with us. Today will be your farewell and departure for you further successful journey ahead. Or you can join the another trip in Nepal or outside the country with Sunrise Adventure Treks Meals included: Breakfast

## **INCLUSIONS**

- An experienced, English-speaking and government-licensed trekking Guide
- Staff costs including their salary, insurance, equipment, food and accommodation
- Airport pickups and drops in a private vehicle
- All necessary paper work
- A comprehensive medical kit (carried by your trek leader)
- Down jacket and sleeping bag (to be returned after trip completion)
- All government and local taxes
- All ground transportation
- 3-star hotel accommodation in Kathmandu with breakfast
- Teahouse accommodation during the hiking
- All meals (breakfast, lunch and dinner) during the Hiking
- Porter service (2 trekkers: 1 porter)
- All government and local taxes
- Welcome and farewell dinners

## **EXCLUSIONS**

- Personal expenses, Personal equipment's

- All kind of beverage including mineral water, hot water and alcoholic drinks
- Travel insurance Nepal visa fee
- International air fare
- Tips and gratuities for trekking staff and drivers
- Lunch and dinner whilst in Kathmandu and Pokhara.
- Any others expenses which are not mentioned on 'Price Includes' section.

URL: <https://sunriseadventuretrek.com>