



Panchase Trekking - Itinerary

1. Arrival in Kathmandu -1310m

After your arrival in Kathmandu, our representatives will pick you up from airport. You will be transported to the hotel and brief introduction will be given about the trek at Sunrise in evening.

2. Sightseeing around Kathmandu

Today we make our day blissful with sightseeing around Kathmandu area. We visit Swayambhu-the monket temple, Pashupatinath-the biggest Hindu temple, Bauddhanath Stupa and many other heritage sites with durbar squares like Patan Durbar Square, Kathmandu Durbar Square. In Kathmandu Durbar Square you can see living Goddess, Kumari. All of the structures are built in ancient Newari style and resembles their own traditional values. Paintings, sculptures, statues of deities are most valuable in temples and Stupas.

3. Drive to Pokhara -830m/7hrs

After having breakfast early in the morning, we drive from Kathmandu to Pokhara for around 7 hours. This is a scenic drive with breaks in the way. The drive is very likable as we travel from scenery filled way and getting away from Pollution of Kathmandu. Pokhara is the heaven place of Nepal where we get to observe the beautiful natural scenery and ancient caves. Here we get to explore the amazing snowcapped views of Annapurna ranges and Mt. Fishtail along with amazing caves like Bat, Gupteshwor, Manhendra and Lakes like Rupa, Begnas, Fewa. If we arrive earlier in Pokhara we can roam around Pokhara and Lakes around it.

4. Drive to Khare Khola & trek to Bhumdi -1520m/3-4hrs

After reaching at Pokhara we take a short drive to Khare Khola which includes the beauties of lush green forests, then after this we start trek to Bhumdi, for around 3 hours. We walk through the trail which takes us through the mountains around us. Passing the Davis falls; we move forward to the Gurung and Bhramin village. Thus, this offers us a great chance to closely observe the cultural and traditional values of local people living there along with the way they survive their life. Walking takes us to Bhumdi finally from where we can see stunning views of mountains and Fewa Lake below us. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

5. Trek to Panchase Bhanjyang -2030m/5-6hrs

Today, we pass through the beautiful forest with spectacular mountain views between the trees today Panchase Bhanjyang where we are going to trek is also a small pass. We also get to see three mountains over 8000m high from this Bhanjyang. Namely they are: Dhaulagiri, Annapurna I and Manaslu. After a short walk from the jeep trails, we finally reach the Panchase Bhanhyang. Panchase Bhanjhyang is also settled by Bhramins and Gurungs. So, it's easy to observe their cultures. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

6. Trek to Bhaudaure -1965m/4hrs

Early in the morning we take a short hike to the Panchase Peak (2500m) from where we can see sunrise above the beautiful snowcapped mountains along with spectacular views of the Stunning Mountains. After taking short stop in the hill we descend through the Alldanda with short walk around camp site. From here we can see villages below and mountains above. This trek includes the scenic moments along with remote cultures and traditions. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

7. Trek to Kande

We take an early breakfast and follow the trek to reach Kande, we pace toward Kande after leaving Bhaudaure. This trek is also the way of green forests filled with rhododendron flowers, oaks and pines trees. For our overnight we stay at Kande. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

8. Drive back to Pokhara -830m

From Kande we take drive back to Pokhara where we can do sightseeing and do shopping while buying souvenirs. We visit Davis Falls, Mahendra Cave, world peace pagoda, etc. in our leisure time.

9. Fly/Drive back to Kathmandu

For the journey back to Kathmandu we can either take scenic drive or take beautiful Mountain View flight. Both the journey is amazing offering travelers the journey of lifetime. After reaching at Kathmandu take some rest and join evening meal and cultural program offer by the company

10. Departure

For the further journey, today you will be departed and farewell program will be done. Hope you enjoyed the company of Sunrise Adventure Trek. Or you can also join another trip in Nepal or outside the country with Sunrise. We always here for operating you tour. Have a safe flight!

INCLUSIONS

- An experienced, English-speaking and government-licensed trekking Guide
- Staff costs including their salary, insurance, equipment, food and accommodation
- Airport pickups and drops in a private vehicle
- All necessary paper work
- A comprehensive medical kit (carried by your trek leader)
- Down jacket and sleeping bag (to be returned after trip completion)
- All government and local taxes
- All ground transportation
- 3-star hotel accommodation in Kathmandu with breakfast
- Teahouse accommodation during the hiking
- All meals (breakfast, lunch and dinner) during the Hiking
- Porter service (2 trekkers: 1 porter)
- All government and local taxes
- Welcome and farewell dinners

EXCLUSIONS

- Personal expenses, Personal equipment's
- All kind of beverage including mineral water, hot water and alcoholic drinks
- Travel insurance Nepal visa fee
- International air fare
- Tips and gratuities for trekking staff and drivers
- Lunch and dinner whilst in Kathmandu and Pokhara.
- Any others expenses which are not mentioned on 'Price Includes' section.

URL: <https://sunriseadventuretrek.com>