

Everest Base Camp Trek via Drive to Lukla - Itinerary

1. Day 1

Arrival in Kathmandu (1260 m)

2. Day 2

Drive Kathmandu to Jubing 1900 m/ Kharikola 2100m, Bupsadanda 2300 m, Surke 2300m Charrikharka about 11/12 hours drive – B.L.D

3. Day 3

Trek Kharikola to Surke/ 5 hrs – B.L.D

4. Day 4

Trek Surke to Phakding / 5 hrs – B.L.D

5. Day 5

Phakding – Namche Bazaar trek (3440m., 11319ft.): 5 – 6 hours – B.L.D

6. Day 6

Acclimatization in Namche Bazaar & Hike to Khumjung (3970m., 13020ft.): 5 hours – B.L.D

7. Day 7

Trek to Tengboche (3860m., 12694ft.): 6 – 7 hours – B.L.D

8. Day 8

Trek to Dingboche (4410m., 14300ft.): 5 – 6 hours – B.L.D

9. Day 9

Dingboche: Acclimatization – B.L.D

10. Day 10

Trek to Lobuche (4910m., 16207ft.): 5 hours – B.L.D

11. Day 11

Treks to Everest Base Camp then Back to Gorakshep – B.L.D

12. Day 12

Hike to Kalapatthar (5550m., 16962ft.): 2hr 30min then trek down to Periche (4200m.): 7 hours – B.L.D

13. Day 13

Trek back Pheriche to Namche Bazaar (3441m.): 6 hours – B.L.D

14. Day 14

Trek Namche bazar to Surke 2290m – 6 to 8 hrs – B.L.D

15. Day 15

Trek Surke to Jubing 1900m, Kharikola 2100m, Bupsadanda 2300 m, Surke 290m /5 hrs trek – B.L.D

16. Day 16

Drive Jubing 1900 m, Kharikola 2100m, Bupsadanda 2300m to Surke 2290m to finally back to ktm – B.L.D

17. Day 17

Departure day – B

[URL: https://sunriseadventuretrek.com/trip/ama-dablam-peak-climbing](https://sunriseadventuretrek.com/trip/ama-dablam-peak-climbing)