



Marsyangdi River Rafting - Itinerary

1. Drive to Besisahar

After breakfast, we take a bus to Besisahar which takes about 4 hours to reach there. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

2. Trek to khudi to Bhulbule

Today, we trek to Khudi like couple of hours and then to Bhulbule in one hour, briefly description of measures while rafting and training by guides. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

3. Hike up to Nagdi

After breakfast, we hike up to Nagdi, exploring beautiful sloppy lands and local culture of people with different traditions and customs. Rafting in Marsyangdi for 3 or 4 hours. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

4. Relax

This day is organized for relaxing; go walking with observation of beautiful floras and faunas. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

5. Back to Kathmandu

After breakfast, we take a bus back to Kathmandu. Meals included: Breakfast, and finally an overnight stay in hotel. Attend the evening dinner and cultural program provided by the company.

[URL: https://sunriseadventuretrek.com](https://sunriseadventuretrek.com)