



Nepal and Tibet Tour - Itinerary

1. Day 1: Arrival in the Kathmandu [altitude 1340 m] at the Tribhuvan international airport (TIA)

Our airport representative will pick up you showing with your name card and transfer to hotel and shortly briefing about program. Overnight at the hotel.

2. Day 2: Full day sightseeing in Kathmandu

This day, we roam around Pashupatinath temple, Bouddhanath Stupa, Patan Durbar square and Swayambunathstupa and other historical monuments in Kathmandu valley. Overnight stay in hotel.

3. Day 3: Drive Kathmandu- Pokhara [altitude 915 m] 6 hrs breakfast at the hotel

Today is half -day sightseeing tour of Davis Fall, Gupteswori Cave, Tibetan Refugee Camp, Boating at Phewa Lake evening free time to explore lakeside (Phewa Lake). Overnight at the hotel.

4. Day 4: Pokhara - Chitwan [altitude 150m]

Early in the morning after breakfast we drive from Pokhara to Chitwan [155km-4-5hr] sightseeing tour (visit tharu village, elephant stable, visitor center and sunset view point) cultural program (Tharu stick dance 1hrs) overnight at the hotel

5. Day 5: Chitwan National Park Visiting

Breakfast at the hotel canoeing and elephant breeding center or canoeing and jungle walk elephant safari. Overnight stay is at the hotel.

INCLUSIONS

Nepal

Patan & Pashupatinath city tours inclusive of private vehicle

Mineral water during the sightseeing

Professional tour guide

Government tax.

Transportation

Tibet travel permit.

English speaking Tibetan guide.

Accommodation on twin sharing room basis.

Sightseeing and monastery entrance fees as per our itinerary.

Daily breakfast.

Hotel-airport- hotel transfer in Lhasa

EXCLUSIONS

Air tickets

Items of a personal nature.

Any kind of alcoholic drinks, cold drinks etc.

Tips & Gratuities

Monuments entrance permit and fees

Tibet

Client and travel insurance.

Lunch and dinner.

Personal expenses such as a drink, tips& amp; etc.

[URL: https://sunriseadventuretrek.com](https://sunriseadventuretrek.com)