

# **Nepal and Bhutan Tour - Itinerary**

## **1. Arrival in the Kathmandu [altitude 1340 m] at the Tribhuvan international airport (TIA)**

Our airport representative will pick up you showing with your name card and transfer to hotel and shortly briefing about program. Overnight at the hotel.

## **2. Full day sightseeing in Kathmandu**

This day, we roam around Pashupatinath temple, BouddhanathStupa, Patan Durbar square and Swayambunathstupa and other historical monuments in Kathmandu valley. Overnight stay in hotel.

## **3. Drive Kathmandu- Pokhara [altitude 915 m] 6 hrs breakfast at the hotel**

Today is half -day sightseeing tour of Davis Fall, Gupteswori Cave, Tibetan Refugee Camp, Boating at Phewa Lake evening free time to explore lakeside (Phewa lake). Overnight at the hotel.

## **4. Drive from Pokhara to Kathmandu – 200km**

After breakfast drive from Pokhara to Kathmandu along the way we see beautiful scenario of different hills and mountains.

## **5. Flight from Kathmandu to Paro**

Arrival and after tea, we drive to Ta Dzong (built in1656 and renovated in 1968), an ancient watchtower, which now the National Museum. We go to Sakya School, the Drukpa kagyü and many many more other great places and explore the ramparts and on a clear day experience an unforgettable view of Mt. Jhomolhari (7314 m). Dinner and Overnight stay in Hotel at Paro.

## **6. Paro - Thimphu**

After taking breakfast, it's time for excursion to Taktsang Monastery. After 1 hour drive the trail climbs through beautiful pine forest, get to see trees in Spanish moss and many fluttering prayer flags. We take short rest in Taktsang Jakhang and take a short walk till we reach the monastery with great history. Then, we finally reach to Thimphu valley. Dinner and Overnight stay Hotel in Thimphu.

## **7. Thimphu - Paro**

Today we visit to the National Library where we can find and study the ancient Buddhist manuscript and also the traditional arts. We can visit school and the traditional medicine institute. Then we visit to Folk Heritage Museum and Handicraft Emporium for shopping various Bhutanese arts and crafts. We drive to Paro in the evening and have dinner and overnight here.

## **8. Flight Paro - Kathmandu**

After breakfast we drive to airport and take a flight to Kathmandu from where we drive back to hotel. And in the evening, join Nepali cultural show farewell dinner program.

## **9. Finally Departure to airport**

Final day in Kathmandu's visit around Thamel, to purchase some souvenirs and we will departure to airport or you can join for another trip.

URL: <https://sunriseadventuretrek.com>