



## **Mount Kailash Mansarovar tour - Itinerary**

### **1. Arrival In Kathmandu 1360 m**

Arrival In Kathmandu 1360 m Our airport representative will meet you with your name card showing outside the airport will pick up from the airport and transfer to hotel collect the passport .We will briefing about trip plan and visiting around in Thamel. Hotel in Kathmandu / Sharing room/ B

### **2. Kathmandu sight seen tour**

Kathmandu sight seen tour Enjoy a full day sight seen touring in Kathmandu. You will visit few world heritage sights including Pashupatinath Temple, Boudhanath Stupa, Swayambhunath Monastery / monkey temple/ Hotel in Kathmandu / Sharing room/ B

### **3. Kyurung(1,895) to Saga(4,600m)265km.**

Kyurung(1,895) to Saga(4,600m)265km. Morning time drive to Saga Scenic mostly group visit Kyidrong (Dzongka)5,170m, Shangyala, we will reach in Saga Overnight stay in Hotel. B.L. D/ included

### **4. Kyurung(1,895) to Saga(4,600m)265km.**

Morning time drive to Saga Scenic mostly group visit Kyidrong (Dzongka)5,170m, Shangyala, passing via beautiful landscape and finally we will reach in Saga Overnight stay in Hotel. B.L. D/ included

### **5. Saga(4,600m.) to Mansoravar(4,505m) 420km.**

Saga(4,600m.) to Mansoravar(4,505m) 420km. There are several ruined monasteries along the 145km including Dargyeling Monastery, passes Lhaksang, Zamlungla then we will reach Zhongna. See the massif holy Brahmaputra lake on the way / Overnight at Guest House. B.L. D/ included

### **6. Explore Lake Manasarover then drive to Darchen (4,660m) 53km.**

Explore Lake Manasarover then drive to Darchen (4,660m) 53km. Morning worship on the bank of Manasarover afternoon drive to Darchen. Overnight stay in Hotel. B.L. D/ included

### **7. Darchen(4,460) – Dira Phuk (4,900m) 18km.**

Darchen(4,460) – Dira Phuk (4,900m) 18km. The kora path begins rather obviously on the western edge of Darchen . Catch up with the porters via Yamador and continue trek. The east – west ridge blocks your view of Mt ailash ,but to the southest are clear views of huge Gurla Mandata(7728m),Visit to Dira Phuk Monastery, Overnight stay in Hotel. B.L. D/ included

### **8. Hike Dirapuk to Charan Saprsh (5340 m ) 13 Km**

Hike Dirapuk to Charan Sparsh around in the morning Charan Sparsh ( North face ) and hike to Charan sparsh and return back to Darchen and overnight stay there Overnight stay in Hotel. B.L. D/ included

## **9. Dira Phuk – Zutul Phuk (5660m) 20km.**

Trek continue from Dira Phuk – Zutul Phuk (5660m) The hardest and most important day of the tour Cross high Dolpa- La pass (5660 m) and descend to Gauri Kund lake and future trek along with the river to Zutul-Phuk Dinner & Overnight at Camp. Overnight stay in Hotel. B.L. D/ included

## **10. Zutul Phuk - – New Dongba (4,430m) 15km.**

Zutul Phuk - – New Dongba (4,430m) 15km. From the Zutul- Phuk Monastery ,then climbs above the river and enters the lovely Golds and Red Cliffs a narrow canyon whose walls are stained purple ,cobalt and rust. You can see canyon narrows look for holes gouged into the cliff walls. These are not natural but made by pilgrims looking for holy stones.Also look for the far distance the blue waters of the lake Rakshas Tal. Drive to New Dongba Overnight stay in Hotel. B.L. D/ included

## **11. New Dong ba(4,430m) to Saga 435Km**

New Dong ba(4,430m) to Saga 435Km Drive back to Saga. From today you will be leaving this holy place. Overnight stay in Hotel. B.L. D/ included

## **12. Saga to Kyurung (3,900m)420Km**

Saga to Kyurung drive After breakfast drive to Kerung. You will see panoramic Himalayan range. Overnight stay in Hotel. B.L. D/ included

## **13. Kerung to Kathmandu.190 Km**

Kerung to Kathmandu.190 Km After Breakfast scenic drive to Kathmandu border formalities at Chinese immigration and drive to Kathmandu. Overnight stay in Hotel. B.L. D/ included

## **14. Farewell and Departure to airport**

Your last day in Kathmandu farewell and Departure program. We will departure to airport around 3 hours before your flight. B included

## **INCLUSIONS**

- ü Airport pick up and departure during trip
- ü All accommodation in standard Hotel & Guest House during tour
- ü Private Transportation during tour
- ü Tibet tour permit
- ü Three times meals everyday Breakfast, Lunch, Dinner as mentioned in the above itinerary
- ü Nepali team leader
- ü First aid medicine items, oxygen cylinder, an oximeter to check your pulse
- ü Kathmandu sightseeing with professional city tour guide
- ü Two / Three star level hotel in the city in sharing bed with breakfast basis
- ü Duffle bag, T shirt, and trip achievement certificate
- ü Tibet entry visa fees
- ü Yak to yak man during the Kora

- ü Sleeping bag and Down jacket, duffel bag (with best quality)
- ü All Sightseeing and entrance fee as per the itinerary during Kailash Yatra
- ü All Necessary Travel and Trekking Permit.
- ü One Tibetan English speaking guide
- ü Our government tax official expenses
- ü Last farewell especial dinner program in Kathmandu

## EXCLUSIONS

- × Tour entrance fee in Kathmandu & extra meals
- × Hiring porter, horse, Inner Kora, personnel expansés
- × Tips for Guides and Driver, international air ticket, travel insurance
- × Any Additional cost due to Natural calamity and Unforeseen Circumstances etc.

URL: <https://sunriseadventuretrek.com>