



## **Ghalegaon / Siklis Tara Top Trekking - Itinerary**

### **1. Arrival in Kathmandu (1350m)**

Welcome to Nepal – the land of mighty Everest! Our airport representative picks you up from the airport then transfers to hotel. Later in the evening, you meet the guides and other staffs to discuss about the upcoming trip or you can rest and we can have the discussion for tomorrow.

### **2. Sightseeing & Preparation**

Today we visit around the Kathmandu valley observing the monuments and architectures built in ancient time. Through this, we also get a chance to know the cultural and historical values of Nepalese people. After half day sightseeing around the most important and historical heritages in Kathmandu, we visit our office and meet guides as well as other staffs. We then gather to discuss about the upcoming trip then make ourselves ready by checking necessary documents and equipment's.

### **3. Fly to Pokhara and trek to Karuwa (1380m) – 35 min & 4 hrs**

We take a scenic flight to Pokhara which includes the spectacular views of terrace fields and lush green forests surrounded by snowcapped mountains and upon reaching there; we take lunch and start to trek along the Seti River through the farmlands and to the settlements of Kharpani. Walking through local settlements of people offers a chance to observe their cultural and traditional values along with their way of living life. We continue our trek and arrive at the outskirt of Karuwa – Gurung settlement.

### **4. Trek to Ghalegaon (1641m) – about 7 hrs**

After having an early breakfast we trek through the low land farm and cross the first suspension bridge. After this we take a gradual uphill trail. The trail passes through the village of Bhara Bhuri, which goes through the middle of forest and offers great view of Sardi Valley. Again, we descend down 300 meters and stop for lunch. We continue our trek to the Big Gurung village known as Ghalegaon. Ghalegaon is the greatest settlement of “Gurung” culture. Sacred space of Gurung traditions offers you unbelievable moments of your life. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

### **5. Trek to Tara Top (3056m) – about 8 hrs**

In this trek we go steeply upward through the alpine meadow. The trail takes us through the hillsides covered with forest of rhododendron, pines and bamboos which is very pleasing. Once you are at the top, you can see 360 degree panoramic views of Annapurna massif, which includes Langtang Himal, Manaslu and Machhapuchhre too. We camp at the altitude of 2800 meters. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

### **6. Trek to Parche (1760m) – about 6 hrs**

Today, we pass through the shady forest of rhododendron and we can see different species of wild orchids.

The Parche is a village of Gurung which resides at the lap of snowy peaks. We reach Parche, here you can hike to the village of Siklis (1999m) or just relax. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge

## **7. Trek to Lamakhet (870m) – about 8 hrs**

We go steep downhill through the terraced slopes and into the valley. We trail along the Mardi River with spectacular view of Annapurna II and arrive at the village of Lamakhet. We camp just above the river. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

## **8. Trek to Thak (1340m) – about 4 hrs & drive to Pokhara**

We pass interesting villages of Gurung, Brahmin and Chettri communities. The trail is steep and rocky with terraced slopes as we reach Nayapul. We take ride back to Pokhara. Here, you can take rest or visit around and enjoy the nightlife here. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

## **9. Drive to Kathmandu – about 7 hrs**

Pokhara to Kathmandu drive takes around 5/7 hours. It is a scenic drive along the Trishuli and Marshyangdi Rivers. After your arrival in Kathmandu, in the evening, you are treated with a special cultural dinner program as a complimentary commencement of Sunrise Adventure Trek. Meals included: Breakfast, and finally an overnight stay in hotel. Attend the evening dinner and cultural program provided by the company.

## **10. Departure/Farewell**

After the successful completion of our trip, our representative drops you to the airport for your journey home. You are dropped off 3 hours earlier so that there is no any delay in flight. Or you can join another adventure and explore hidden gems of Nepal. Till then, have a safe journey to Home!

## **INCLUSIONS**

- Airport pick up and departure and all ground transportation during trips.
- Hotel in Kathmandu two or three star category in twin sharing bed with breakfast basis
- Kathmandu sightseeing with city tour guide
- Accommodation in lodge and full board meals during the trekking
- Govt. trained guide and necessary no. of porters with their insurance, salary and meals
- All fees for TIMS card and Trekking Permit
- Domestic Flight according to Itinerary
- Sleeping bag, Down jacket & necessary equipment's during the trek
- One cultural show and dinner program

## **EXCLUSIONS**

- International Flight ticket & your personal expenses
- Major meals in cities cold & alcoholic drinks
- Extra shower, battery re-charge, laundry charge etc.
- Tips to guide and porter and your insurance